



**PRIMETIME MARTIAL ARTS: "STUDIO A"- 6179 SANTA TERESA BLVD.
CALL/TEXT: 408.837.2011 EMAIL: INFO@ASGPRIMETIME.COM (EFFECTIVE 12/1/21)**

| STUDIO A (6179) | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--------------------------------------|--|--------------------------------------|--|-------------------------------------|---|
|  | KICKIN CUBS 4:00PM-4:30PM | ADAPTIVE ARTS 3:45PM-4:15PM | KICKIN CUBS 4:00PM-4:30PM | | | KICKIN CUBS 10:00AM-10:30AM |
| | BIG TIGERS 4:30PM-5:00PM | BEGINNERS 4:15PM-5:00PM | BIG TIGERS 4:30PM-5:00PM | BEGINNERS 4:15PM-5:00PM | KICKIN CUBS 4:25PM-4:55PM | BIG TIGERS 10:30AM-11:00AM |
| | BEGINNERS 5:00PM-5:45PM | BIG TIGERS 5:00PM- 5:30PM | BEGINNERS 5:00PM-5:45PM | BIG TIGERS 5:00PM- 5:30PM | BEGINNERS 4:55PM-5:40PM | BEGINNERS 11:00AM-11:45AM |
| | INTERMEDIATE 5:45PM-6:30PM | ADVANCE 5:30PM-6:15PM | INTERMEDIATE 5:45PM-6:30PM | ADVANCE 5:30PM-6:15PM | EBC 5:40PM-6:30PM | INTERMEDIATE 11:45PM-12:30PM |
| | ADVANCE 6:30PM-7:15PM | INTERMEDIATE 6:15PM-7:00PM | ADVANCE 6:30PM-7:15PM | INTERMEDIATE 6:15PM-7:00PM | BIG TIGERS 6:30PM- 7:00PM | ADVANCE & BBP 12:30PM- 1:15PM |
| | BBP 7:15PM- 8:00PM | BBP 7:00PM-7:45PM | BBP 7:15PM- 8:00PM | BBP 7:00PM-7:45PM | | ***ADV & BBP -MAY BE SPLIT BETWEEN STUDIOS |
| | | BLACKBELT CLASS 7:45PM- 8:30PM | | BLACKBELT CLASS 7:45PM- 8:30PM | | ADAPTIVE ARTS 1:15PM-1:45PM |

| STUDIO B (6175B) | MONDAY | TUESDAY | WEDNESDAY | THURSDAY | FRIDAY | SATURDAY |
|---|--|--|--|--|--|--|
|  | STRENGTH CIRCUIT 11:30AM-12:15PM | BODY BLITZ 6:00 AM- 6:30 AM | STRENGTH CIRCUIT 11:30AM-12:15PM | BODY BLITZ 6:00 AM- 6:30 AM | | BODY BLITZ 9:00AM-9:30AM |
| | BATTLE READY 6:00PM-6:45PM | STRENGTH CIRCUIT 6:00PM-6:45PM | BATTLE READY 6:00PM-6:45PM | STRENGTH CIRCUIT 6:00PM-6:45PM | STRENGTH CIRCUIT 5:00PM-5:45PM | STRENGTH CIRCUIT 9:30AM-10:15AM |
| | STRENGTH CIRCUIT 6:45PM-7:30PM | FIGHTER FITNESS 6:45PM-7:30PM | STRENGTH CIRCUIT 6:45PM-7:30PM | FIGHTER FITNESS 6:45PM-7:30PM | MOVEMENT MATTERS 6:00PM-6:25PM | FIGHTER FITNESS 10:15AM- 11:00AM |
| | BJJ 7:30PM-8:30PM 13+ ONLY | | BJJ 7:30PM-8:30PM 13+ ONLY | | | |