



**PRIMETIME MARTIAL ARTS: "STUDIO A"- 6179 SANTA TERESA BLVD.  
CALL/TEXT: 408.837.2011 EMAIL: INFO@ASGPRIMETIME.COM (EFFECTIVE 11/1/22)**

| STUDIO A (6179)   | MONDAY                           | TUESDAY                           | WEDNESDAY                        | THURSDAY                          | FRIDAY                       | SATURDAY                         |
|---|----------------------------------|-----------------------------------|----------------------------------|-----------------------------------|------------------------------|----------------------------------|
|  | KICKIN CUBS<br>4:30PM- 5:00PM    | ADAPTIVE ARTS<br>4:00PM - 4:30PM  | KICKIN CUBS<br>4:30PM- 5:00PM    |                                   |                              | KICKIN CUBS<br>10:00AM-10:30AM   |
|   | BIG TIGERS.<br>5:00PM- 5:30PM    | BEGINNERS<br>4:30PM-5:15PM        | BIG TIGERS<br>5:00PM- 5:30PM     | BEGINNERS<br>4:30PM-5:15PM        | KICKIN CUBS<br>4:30PM-5:00PM | BIG TIGERS<br>10:30AM-11:00AM    |
|   | BEGINNERS<br>5:30PM-6:15PM       | BIG TIGERS<br>5:15PM- 5:45PM      | BEGINNERS<br>5:30PM-6:15PM       | BIG TIGERS<br>5:15PM- 5:45PM      | BEGINNERS<br>5:00PM-5:45PM   | BEGINNERS<br>11:00AM-11:45AM     |
|   | INTERMEDIATE 6:15PM-<br>7:00PM   | ADVANCE & BBP<br>5:45PM-6:30PM    | INTERMEDIATE 6:15PM-<br>7:00PM   | ADVANCE & BBP<br>5:45PM-6:30PM    | EBC<br>5:45PM-6:30PM         | INTERMEDIATE<br>11:45PM-12:30PM  |
|   | ADVANCE & BBP<br>7:00PM - 7:45PM | INTERMEDIATE<br>6:30PM-7:15PM     | ADVANCE & BBP<br>7:00PM - 7:45PM | INTERMEDIATE<br>6:30PM-7:15PM     | BIG TIGERS<br>6:30PM- 7:00PM | ADVANCE & BBP<br>12:30PM- 1:15PM |
|   | BLACKBELT CLASS<br>7:45-8:30PM   | BLACKBELT CLASS<br>7:15PM- 8:00PM | BLACKBELT CLASS<br>7:45-8:30PM   | BLACKBELT CLASS<br>7:15PM- 8:00PM |                              | ADAPTIVE ARTS<br>1:15PM-1:45PM   |

| STUDIO B (6175B)  | MONDAY                              | TUESDAY                           | WEDNESDAY                           | THURSDAY                          | FRIDAY                            | SATURDAY                            |
|---|-------------------------------------|-----------------------------------|-------------------------------------|-----------------------------------|-----------------------------------|-------------------------------------|
|   | STRENGTH CIRCUIT<br>11:30AM-12:15PM | BODY BLITZ 6:00 AM-<br>6:30 AM    | STRENGTH CIRCUIT<br>11:30AM-12:15PM | BODY BLITZ 6:00 AM-<br>6:30 AM    |                                   | BODY BLITZ<br>9:00AM-9:30AM         |
|  | BATTLE READY<br>6:00PM-6:45PM       | STRENGTH CIRCUIT<br>6:00PM-6:45PM | BATTLE READY<br>6:00PM-6:45PM       | STRENGTH CIRCUIT<br>6:00PM-6:45PM | STRENGTH CIRCUIT<br>5:00PM-5:45PM | STRENGTH CIRCUIT<br>9:30AM-10:15AM  |
|   | STRENGTH CIRCUIT<br>6:45PM-7:30PM   | FIGHTER FITNESS<br>6:45PM-7:30PM  | STRENGTH CIRCUIT<br>6:45PM-7:30PM   | FIGHTER FITNESS<br>6:45PM-7:30PM  | MOVEMENT MATTERS<br>6:00PM-6:25PM | FIGHTER FITNESS 10:15AM-<br>11:00AM |
|   | BJJ 7:30PM-8:30PM<br>13+ ONLY       |                                   | BJJ 7:30PM-8:30PM<br>13+ ONLY       |                                   |                                   |                                     |