



PRIMETIME MARTIAL ARTS: "STUDIO A"- 6179 SANTA TERESA BLVD.
 CALL/TEXT: 408.837.2011 EMAIL: INFO@ASGPRIMETIME.COM (EFFECTIVE 4/1/23)



STUDIO A (6179)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	KICKIN CUBS 4:15PM- 4:45PM	KICKIN CUBS 4:00PM- 4:15PM	KICKIN CUBS 4:15PM- 4:45PM	ADAPTIVE ARTS 4:00PM - 4:30PM	PRIVATE LESSON SPOTS AVAILABLE 3:45PM - 4:30PM	KICKIN CUBS 10:00AM-10:30AM
	BIG TIGERS. 4:45PM- 5:15PM	BEGINNERS 4:30PM-5:15PM	BIG TIGERS. 4:45PM- 5:15PM	BEGINNERS 4:30PM-5:15PM	KICKIN CUBS 4:30PM-5:00PM	BIG TIGERS. 10:30AM-11:00AM
	BEGINNERS 5:15PM-6:00PM	BIG TIGERS 5:15PM- 5:45PM	BEGINNERS 5:15PM-6:00PM	BIG TIGERS 5:15PM- 5:45PM	BEGINNERS 5:00PM-5:45PM	BEGINNERS 11:00AM-11:45AM
	INTERMEDIATE 6:00PM- 6:45PM	ADVANCE & BBP 5:45PM-6:30PM	INTERMEDIATE 6:00PM- 6:45PM	ADVANCE & BBP 5:45PM-6:30PM	EBC 5:45PM-6:30PM	INTERMEDIATE 11:45PM-12:30PM
	ADVANCE & BBP 6:45PM - 7:30PM	INTERMEDIATE 6:30PM-7:15PM	ADVANCE & BBP 6:45PM - 7:30PM	INTERMEDIATE 6:30PM-7:15PM	BIG TIGERS 6:30PM- 7:00PM	ADVANCE & BBP 12:30PM- 1:15PM
	BJJ 7:30PM-8:30PM 13+ ONLY	BLACKBELT CLASS 7:15PM- 8:00PM	BJJ 7:30PM-8:30PM 13+ ONLY	BLACKBELT CLASS 7:15PM- 8:00PM	FIGHT NIGHT EVERY 1ST & 3RD FRIDAY FROM 7PM TO 8PM. THIS MOVES TO STUDIO B FROM MAY 19 - OCT 6	ADAPTIVE ARTS 1:15PM-1:45PM
		PERFORMANCE TEAM OPEN MAT 8:00 TO 9:00		PERFORMANCE TEAM PRACTICE 8:00 TO 9:00		BIRTHDAY PARTIES!

STUDIO B (6175B)	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
	STRENGTH CIRCUIT 11:30AM-12:15PM	BODY BLITZ 6:00 AM- 6:30 AM	STRENGTH CIRCUIT 11:30AM-12:15PM	BODY BLITZ 6:00 AM- 6:30 AM		BODY BLITZ 9:00AM-9:30AM
	PRIVATE LESSON SPOTS AVAILABLE 3:30PM - 4:30PM	PRIVATE LESSON SPOTS AVAILABLE 3:30PM - 6:00PM	PRIVATE LESSON SPOTS AVAILABLE 3:30PM - 4:30PM	PRIVATE LESSON SPOTS AVAILABLE 3:30PM - 6:00PM	PRIVATE LESSON SPOTS AVAILABLE 3:30PM - 5:00PM	STRENGTH CIRCUIT 9:30AM-10:15AM
		STRENGTH CIRCUIT 6:00PM-6:45PM		STRENGTH CIRCUIT 6:00PM-6:45PM	STRENGTH CIRCUIT 5:00PM-5:45PM	FIGHTER FITNESS 10:15AM- 11:00AM
	PRIVATE LESSON SPOTS AVAILABLE 5:00PM - 6:00PM	FIGHTER FITNESS 6:45PM-7:30PM	PRIVATE LESSON SPOTS AVAILABLE 5:00PM - 6:00PM	FIGHTER FITNESS 6:45PM-7:30PM	MOVEMENT MATTERS 6:00PM-6:25PM	
	BATTLE READY 6:00PM-6:45PM	PRIVATE LESSON SPOTS AVAILABLE 7:30PM - 8:30PM	BATTLE READY 6:00PM-6:45PM	PRIVATE LESSON SPOTS AVAILABLE 7:30PM - 8:30PM		
	STRENGTH CIRCUIT 6:45PM-7:30PM		STRENGTH CIRCUIT 6:45PM-7:30PM			
	BLACKBELT CLASS 7:30-8:15PM		BLACKBELT CLASS 7:30-8:15PM			